Born: in Leros (one of the twelve islands of the Dodecanese).

Origins: His father, who had a life-long interest in Byzantine music and was a dedicated violin a mandolin player, was born in Constantinople (Istanbul), lived in Nissyros (Dodecanese) at the first and then in Leros (Dodecanese) and worked as a photographer and a church singer. His mother, born in Nissyros (Dodecanese), is a descendant of the well-known philosopher Constantine Xenos.

Musical studies:

- Graduate in Composition of the Haimanta Music School (Athens) under the supervision of Nikos Philaktos.
- Graduate in Light Music of the National Music School (Athens).

Theological studies:

- Bachelor and Master Degree in Theology (University of Athens)
- Undergoing PhD studies in Theology (University of Athens)

Music for: Symphonic Orchestra, String Orchestra, Chamber Ensemble, Solo Instruments, Voices, Choir and Choir a capella, Theatre performances, Songs both classical and modern.

Major Concerts and Festivals: Tinos and Athens (2006) with participation of the Bulgarian Symphonic Orchestra, various concerts for example Ithaca (1988), Melissia (1990), Simi (2001) Nissyros (1991, 1992, 2008), N. Liossia (1993) etc.

Co-operation: with singers, composers and musicians in the field of light and classical music such as Giannis Glezos, Marisa Koch, Nena Venetsanou, Alkis Panayiotopoulos and the Bulgarians Mario Angelov, Rossen Balkanski, Kremena Hristova, Galina Mihailova and others.

Teaching activities:

- Teaching theory of European music at various music schools in Athens.
- Giving singing lessons to the actors of the National Theatre of Greece

Current musical activities:

- Completion of his CD album "Prin i dihtes simanoun efta" ("Before its seven o'clock")
- Former Director of the choir of the St. George Union, Melissia.