Lasagna

* 1 pound lean ground beef (90% lean)
* 1 large onion, chopped
* 2 cups salsa
* 1 can (15 ounces) black beans, rinsed and drained
* 1/4 cup reduced-fat Italian salad dressing2 tablespoons reduced-sodium taco seasoning
* 1/4 teaspoon ground cumin
* 6 flour tortillas (8 inches
* )3/4 cup reduced-fat sour cream
* 1 cup shredded reduced-fat Mexican cheese blend
* 1 cup shredded lettuce
* 1 medium tomato, chopped
* 1/4 cup minced fresh cilantro

In a large skillet, cook beef and onion over medium heat until meat is no longer pink; drain. Stir in the salsa, beans, dressing, taco seasoning and cumin. Place three tortillas in an 11x7-in. baking dish coated with cooking spray. Layer with half of the meat mixture, sour cream and cheese. Repeat layers.

Cover and bake at 400° for 25 minutes. Uncover; bake until heated through, 5-10 minutes longer. Let stand for 5 minutes; top with lettuce, tomato and cilantro.