



***Want to see how much of a PE Geek you are? Use the checklist and see how many of the ideas you've tried and perhaps implemented in your lessons. Share your results on social media.***

### **Fun & Fitness**

- Generate a random workout for your students with [Swork It](#)
- Complete a Pilates session with [FitnessBlender.com](#)
- Play fitness bingo using the [Classroom Roulette](#) app
- Getting your students jumping rope with [Jump It](#)
- Use the [Move It Chrome Extension](#) to get active during static classroom sessions
- Take an active break with the [ClassBreak](#) app
- Get active with [Sweat Deck](#)
- Conduct the beep test with music using [Music Beep Test](#)
- Crank endless workout music with [Fit Radio](#)
- Hide exercise monsters in your school and have students hunt them down with [Monsuta Fitness](#)
- Use the [FitBreak](#) app to discover 45 games and activities designed for fun and fitness in PE
- Get your group balances on with [Balance It](#)
- Introduce Yoga with [Cosmic Kids Yoga](#)
- Find a PE Game to play with a shake of a device with [PE Shake](#)

Listen to the full episode at [www.thepegeek.com/100](http://www.thepegeek.com/100)



## Video

- Slo down a discrete skill with [SloPro](#)
- Compare a beginner to an elite athlete with [Hudl Technique](#)
- Offer a hands free instant replay with [Video Delay](#) on iOS & Android
- Offer a hands free instant replay on Chromebook with [Replay It](#)
- Create a highlight reel using [Video Tagger](#)
- Turn an elite performer into a looping animated GIF using [Loop It](#)
- Create a strobe motion video using [Clipstro](#)
- Use [GroupClip](#) to record a multi angle video on sports game or activity
- Use [DMD vClone](#) to create a video with the same person or object appearing in more than a single place, as if they are clones.
- Have an injured or non participant record and edit an advocacy video highlighting your PE class using [iMovie](#)
- Turn any YouTube clip into a gif by placing 'gif' in front of the youtube URL and hitting ENTER
- Showcase videos to a Big Screen using a ChromeCast or Apple TV
- Have your class Go Live using Facebook Live or Periscope
- Strap a GoPro to a student during gameplay for first person action
- Fly a Drone over a game to see an epic top down perspective

## Assessment & Evaluation

- Collate a student portfolio with [SeeSaw](#)
- Capture formative assessment with [plickers](#)
- Use [Kahoot](#) to create an engaging quiz
- [Socrative](#) to test pre content knowledge
- Google forms for simple quizzes
- Create dynamic documents using google forms responses using Autocrat
- Use the app [iDoceo](#) to capture assessment data tied to students
- Use a QR Code in a Google form to assess student skills
- Take your students through an engaging presentation with [Nearpod](#)
- Create an electronic bulletin board with [Padlet](#)
- Teach anything to anyone from anywhere with [Educreations](#)



## Google

- Have students collaborate on a written piece in Google Docs
- Collate & graph and entire classes heart rate response in Google Sheets
- Have students showcase their knowledge with Google Slides
- Create an online classroom environment with Google classroom
- Have students draw anatomical diagrams using google drawings
- Create a school or classroom website with google sites
- Create a digital portfolio of student achievement using the google drive folder structures and the mobile apps
- Generate hundreds of student certificates in seconds using google sheets and autocrat addon
- Capture ongoing student observations from a google form to a google document with docAppender
- Use the formmule addon to send mail merge emails
- Create a self grading quiz with Flubaroo for Google Forms
- Build a collaborative calendar for you and your students to track key events

## Active Gaming

- Slay the monsters using real world physical activity with [Dungeon Runner](#)
- Outrun the Zombies apocalypse with [Zombies, Run](#)
- Turn your everyday walks into a world saving adventure with [The Walk](#)
- Exercise and save the planet with [Superhero Workout](#)
- Complete a 7 Minute Workout
- Play a Game of [Motion Tennis](#) using your iPhone as the racket
- Explore the real world while exercising on a cardio machine with [BitGym](#)



### Augmented & Virtual Reality

- Create an augmented reality treasure hunt with [Metaverse.io](#)
- Wear a [Virtuali-tee](#) and point the app to see inside the internal organs
- Place a augmented reality model into the real world with [Human Anatomy Atlas](#)
- Test your speed and agility with [AR runner](#)
- Measure a long jump without a tape measure using [MeasureKit](#) and Augmented Reality
- Take an immersive tour of the human heart on your kitchen table with [Insight Heart](#)
- Build interactive posters and flyers with [Aurasma](#)
- Create a VR experience with [cospaces.io](#)
- Play a virtual reality soccer game with [Final Kick VR](#)
- Watch an immersive 360 degree video with a VR headset to experience what it's like

### Productivity

- Save passwords with [LastPass](#)
- Communicate with your colleagues using [slack](#)
- Get focused on one thing using the [momentum dash](#) chrome extension
- Unsubscribe from all emails with [unroll.me](#)
- Collaborate on projects using [Trello](#) it's like post it notes for your computer
- Get more productive using the [Brain.Fm](#) radio station
- Track the time you spend digitally using [rescue time](#)
- Automate repetitive tasks with [IFFTT](#) or [Workflows](#)
- Record a screencast with the [Screencastify](#) Chrome Extension
- Subscribe to websites with [Feedly](#)
- Ensure you get an email reply from a colleague with Boomerang



### Useful Tools

- 81. Time sprint races with incredible accuracy using [SprintTimer](#)
- 82. Time your start reaction time using [sprintStart](#)
- 83. Measure your vertical jump using the [What's My Vertical App](#)
- 84. Create engaging classroom posters with [Canva](#)
- 85. Take 25 photos of your PE class and have [animoto](#) create an epic video montage with music
- 86. Have your students produce an infographic of their knowledge with [Piktochart](#)
- 87. Create an engaging worksheet using [Comic Life](#)
- 88. Use [Care Monkey](#) to organise your permission letters and notes home
- 89. Have an injured student complete stats using SwipeStats
- 90. Measure your heart rate from your mobile device using [Cardio](#)
- 91. Get your students calm and focused with [smiling mind](#)
- 92. Showcase the rules of a new game with Coach Note
- 93. Easily create brackets by categories, and share brackets with people via email and social networks with the Bracket App
- 94. Test your sprint speed using the [fitnessmeter](#) app
- 95. Download YouTube clips for offline play at [www.clipconverter.cc/](http://www.clipconverter.cc/)
- 96. Create a PE Newsletter with Smore
- 97. Track the time, speed and much more of your run with Runkeeper
- 98. Create a QR Code using QRstuff.com
- 99. Create a QR Code treasure hunt using the [Class Tools Website](#)
- 100. Become a better PE Teacher by engaging and learning on twitter