*The fears session*

**PRE-VIEWING ACTIVITIES**

* What is the Greek word used in English to describe fear?? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Name at least 5 common human fears:

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* Do you know how people react when they are afraid?
* Circle the words that can collocate with fear:

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| --- |
| normal common negative unusual little huge positive easy logical irrational |

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| http://a.abcnews.com/images/Entertainment/HT_channing_tatum_ellen_baby_sk_140206_16x9_608.jpg |

**VIEWING ACTIVITY 1**

* ***Watch the first video and fill in the gaps:***

Channing Tatum mentions that, as far as playing in movies is concerned, he is afraid of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ but in real life he is terrified of \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_.

He mentions a TV show from when he was a kid, called “Friday the 13th” that had a \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_.

* ***Fill in using the correct form of the adjectives:***

1. Channing Tatum’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of his fear seems very honest. **DESCRIBE**
2. He looks extremely \_\_\_\_\_\_\_\_\_\_\_\_\_\_ when Ellen presents the dolls. **COMFORT**
3. He thinks that these dolls are super \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **FREAK**
4. Do you think that this clip was an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ experience for him? **ENJOY**
5. He probably laughs out of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. **EMBARRASS**

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**VIEWING ACTIVITY 2**

* ***Watch the second video and choose:***

1. **Matt Damon is afraid of**
2. Helicopters
3. Heights
4. Shooting
5. **He first realized his fear**
6. When he travelled by helicopter
7. When he visited an extremely high building
8. While he was shooting a scene
9. **He mentions the phrase *“I went full-lizard brain”.* What do you think it means?**
10. He pretended to be a lizard
11. He was trying to joke
12. He could not move at all
13. **Nevertheless, he knew it was safe to be up there. Why?**
14. There was a fence at the edge
15. There were people guarding them
16. There was a helicopter that could catch you.

**VIEWING ACTIVITY 3**

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| http://40.media.tumblr.com/69ea4e86b6f57f220ca7dd76dd2bf95d/tumblr_nuhbenFmH71tpdm13o1_540.jpg |

* ***Watch the third video and match the two halves.***

1. Taylor Swift biggest fear is a. point where you can lose your leg
2. She compares sea urchins to b. stepping on sea urchins
3. She thinks they may injure you to the c. you are wrongly accused and put to jail
4. In reality, sea urchins may only d. being arrested
5. She is also afraid of e. a grenade
6. “Being framed” means that f. cause swelling and redness

**VIEWING ACTIVITY 4**

* ***Watch the Will Smith interview and answer as if you were him:***



1. What are you afraid of? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Have you ever held a mouse? ­­­­­­­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Are you afraid of other animals as well? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. What will happen if a mouse enters your house? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. How do you feel when you see a mouse? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**POST-VIEWING**

* ***Let’s talk!***

1. Which of the above fears can you relate with / can you understand and sympathise with?
2. Which of them do you find silly or minor?
3. What are you afraid of?
4. What do you do to overcome this fear?
5. How can people face their phobias?
6. Describe a really scary moment in your life.

* ***Do you think that these are TRUE or FALSE?***

1. A phobia is an intense fear of something that, in reality, poses little or no actual danger.
2. Phobias are always silly.
3. Panic attack can be a reaction to phobia.
4. Phobias are not treatable.
5. Relaxation techniques may help people face their phobias.
6. Negative thoughts may help people deal with fears.